



Personal Authenticity in Challenging Times

a leading edge seminar filled with ancient wisdom
and contemporary leadership training



12 - 15 November 2009



Integral Life &
Training Centre
KenKon

Personal Authenticity in Challenging Times

a leading edge seminar filled with ancient wisdom and contemporary leadership training

Why?

Life is an opportunity for growth and discovery. And yes, sometimes life is a bumpy road: these times seem particularly challenging.

We are all looking to find the best possible groove that life has to offer, and we can't do it all on our own. Every now and then we need to charge ourselves with inspiration, stillness, insights, heart to heart communication and more.

So if you are looking for:

- ◆ more depth, meaning and creativity in your life
- ◆ more clarity and attunement in your communication
- ◆ more inner peace in periods of fear and anxiety
- ◆ more courage in entering into relationship with others
- ◆ more effective work performance
- ◆ more direction in your life,

then this is the seminar for you!

What?

This seminar is packed with a variety of practices to ensure an integral approach to what you are looking for in your life right now: meditative practices introduce you to mindfulness and awareness; embodiment practices make insights real for you through your body; communicative exercises bring you closer to yourself and others; talks give you a conceptual framework so your experiences stick and also integrate with your rational mind; and creative practices bring out your inner wisdoms in ways you cannot otherwise access. All interwoven with a modern presentation of the "Five Vital Wisdoms" from Tibet, bringing out the best of your openness, clarity, richness, passion and efficiency.

Where?

The seminar will be held at Integral Life & Training Centre **KenKon**: a modern training centre with an atmosphere and staff devoted to training, discovery, development and inner peace.

The address is Nieuwe Kanaal 11, 6709 PA Wageningen, Netherlands.

By Whom?

The seminar will be given by Irini Rockwell, who will be assisted by KenKon trainers Sydney Leijenhorst, Berry Trip and Monique Volkers.

Costs?

€ 365 covers the seminar, drinks, snacks, lunches and course materials, € 295 if payment is received before September 30th, 2009.

How to register?

Registration is a two-step process:

1. Send the registration form to KenKon (Nieuwe Kanaal 11, 6709 PA Wageningen, Netherlands) or scan and e-mail to info@kenkon.org.

2. Transfer the money to

KenKon, Nieuwe Kanaal 11, Wageningen, Netherlands.

Bank: ABNAMRO Stadsbrink 43, Wageningen, Netherlands;

BIC (SWIFT): ABNANL2A

IBAN: , NL04ABNA0 57.16.82.367 (account number 57.16.82.367)

Fill in: Pa2009

When?

The seminar starts Thursday November 12th at 20.00 h with a talk open to all who are interested. On Friday and Saturday the program runs from 9.30 to 18.00 h, Sunday to 17.00 h.



Registration Form Personal Authenticity

First name and surname:

Street address:

Zip code & city:

Date of birth:

Profession/Study:

E-mail:

Phone:

Signature:

Date:

Partial refund (90 %) is possible only until October 7th.



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